

### 5.1.3 Capacity building and skills enhancement initiatives taken by the institution

1. PG Department of English conducted Hobby classes of communication skills on 25<sup>th</sup> June 2021. 10 students participated in the classes.
2. PG Department of Home Science and Fashion Design organized a workshop on Macrame and crochet from 5<sup>th</sup> to 9<sup>th</sup> October, 2021. Mrs. Ravi Lochan, Assistant Librarian, BBK DAV College for Women, Amritsar was the resource person for the same. 11 students participated in the workshop.
3. PG Department of Home Science and Fashion Design organized a workshop on Nature Study from 11<sup>th</sup> to 12<sup>th</sup> October, 2021. Dr. Lalit Gopal, Assistant Professor in Design, BBK DAV College for Women, Amritsar was the resource person for the same. 20 students participated in the workshop.
4. PG Department of Home Science and Fashion Design organized a workshop on Self Grooming on 18<sup>th</sup> October, 2021. Ms. Arzoo Luthra, Free Lancer, was the resource person for the same. 30 students participated in the workshop.
5. PG Department of Home Science and Fashion Design organized a workshop on Soap Making on 18<sup>th</sup> October, 2021. Mrs. Sugandha Sehgal, Free Lancer was the resource person for the same. 35 students participated in the workshop.
6. PG Department of Home Science and Fashion Design organized a workshop on Fashion Accessories on 27<sup>th</sup> October, 2021. Mrs. Kahkashan and Mr. Usama, International Artisans from New Delhi were the resource person for the same. 30 students participated in the workshop.
7. PG Department of Home Science and Fashion Design organized a workshop on Tie-n-Dye on 27<sup>th</sup> October, 2021. Ms. Bharti, Free Lancer, Pidilite was the resource person for the same. 30 students participated in the workshop.
8. Department of physical Education organized 2 weeks training programme on Gymnastics from 15<sup>th</sup> November to 3<sup>rd</sup> December 2021. Training sessions at the camp were organized by Wow Gym. 35 students participated in the same.
9. PG Department of Journalism and Mass Communication organized a Mock Conference for PR Activities on 20<sup>th</sup> November 2021. 30 students participated in the same.
10. PG Department of Journalism and Mass Communication conducted an open discussion on suitable age of marriage for girls. Mr. Ashutosh Misra from Aaj Tak, India Today Group was the resource person for the same. 30 students participated in the discussion. It was held on 20<sup>th</sup> Nov, 2021.

11. PG Department of Home Science and Fashion Design organized a workshop on Formal Coat from 16<sup>th</sup> to 22<sup>nd</sup> December, 2021. Mr. Arvind Sharma, Women Wear Expert was the resource person at BBK DAV College for Women, Amritsar. 11 students participated in the workshop.
12. Department of physical education organized a lecture on Sports Injuries on 4<sup>th</sup> March 2022. Dr. Ramandeep Kaur, Physiotherapist, Amandeep Medicity was the resource person for the same. 70 students participated in the same.
13. Department of physical Education organized an extension lecture on Physical Activity and Weight Management on 5<sup>th</sup> March 2022. Dr. Parminder Singh, Assistant Professor, Physical Education, GNDU, Amritsar was the resource person for the same. 80 students participated in the same.
14. PG Department of Home Science and Fashion Design organized a workshop on Advance Sewing Techniques on 7<sup>th</sup> March, 2022. Mr. Jobanpreet Singh and Mr. Shiv Kumar, Expert, Usha Machine Company were the resource person for the same. 20 students participated in the workshop.
15. PG Department of Journalism and Mass Communication organized an open Mic – ‘Yeh India Hai Janab’ on 8<sup>th</sup> March, 2022. 20 students participated in the same.
16. PG Department of Journalism and Mass Communication organized a movie screening to celebrate International women’s Day. Local Para Legal Volunteers organized the screening and screened the movie ‘Mary Kom’. It was held on 8<sup>th</sup> March, 2022.
17. PG Department of Journalism and Mass Communication organized a group discussion on Election Results on 11<sup>th</sup> March 2022. 70 students participated in the same.
18. PG Department of Journalism and Mass Communication organized guest lecture on Legal Awareness amongst Women on 5<sup>th</sup> April 2022. 75 students participated in the event.
19. PG Department of Journalism and Mass Communication organized an Open Mic on Women Health on 7<sup>th</sup> April 2022. 40 students participated in the same.
20. Department of Physical Education organized a 15 days Yoga classes training programme from 20<sup>th</sup> April to 4<sup>th</sup> May 2022. Mr. Narpinder Singh, Sports teacher, Mount Litera, Amritsar was the Resource person for the same. 33 students participated in the same.
21. PG Department of Commerce and Business Administration organized a webinar on Practical Knowledge on Trading Terminal on 16<sup>th</sup> May 2022. Mr. Vishal Dhawan, Technical Analyst, Prize Action Trader at ICICI Direct (ICICI Securities Limited) was the resource person for the event. 206 students participated in the webinar.

22. PG Department of Commerce and Business Administration organized a seminar on Practical Knowledge on Trading on Stock Exchange and Technical Analysis on 21<sup>st</sup> May 2022. Ms. Rasmeet Sethi, Launch Ambassador BNI- Solis, was the resource person for the event. 54 students participated in the seminar.
23. PG Department of Journalism and Mass Communication organized a visit to Exhibition on Punjabi Culture held at GNDU on its Foundation Day. 25 Students visited the exhibition and got photography training from Ms. Richa Mahajan, Assistant Professor, BBK DAV College for Women, Amritsar. It was held on 24<sup>th</sup> Nov, 2021.
24. Department of Jewellery organized a workshop on skill development (Innovative Jewellery) on 26<sup>th</sup> Nov,2021. Mrs.Bharti (freelancer) was the resource person.15 students participated in the workshop.
25. Department of Fine Arts organized workshop on marks and Impressions from 28<sup>th</sup> Sep to 29<sup>th</sup> Sep, 2021 in which 35 students participated. Mrs. Bharti Malhotra, Freelancer, Pidilite was the resource person for the same.
26. PG Department of Fine Arts, BBK DAV College for Women, Amritsar conducted Talent Hunt on 11<sup>th</sup> oct, 2021. 35 students participated in the same.
27. PG Department of Fine Arts organized workshop on Acrylic and Water color Abstract Work on 26<sup>th</sup> Feb,2022 in which 30 students participated. Parveen Saini, Artist was the resource person was the same.
28. PG Department of Fine Arts organized Audio Visual Presentation on 7<sup>th</sup> April, 2022 by Lalit Kala Akademi in collaboration with BBK DAV College for Women, Amritsar. 30 students participated in the same.
29. PG Department of Fine Arts, BBK DAV College for Women, Amritsar organized Outdoor Sketching to Ram Tirath Temple on 12 April, 2022. 30 Students participated in the same.
30. PG Department of Fine Arts of BBK DAV College, Amritsar organized Outdoor Sketching at Partition Museum on 23<sup>rd</sup> April, 2022. 30 students participated in the competition.
31. PG Department of Fine Arts organized Ek Bharat Shreshtha Bharat Kerala Mural Workshop on 5<sup>th</sup> May, 2022 in which 40 students participated in the workshop. Mrs. Bharti Malhotra, Pidilite was resource person for the same.