

5.1.3 Capacity building and skills enhancement initiatives taken by the institution

1. PG Dept. of Home Science and Fashion Design organized and conducted online workshop on Resist Painting on 26th-27th May, 2020 for the students of B.A. Home Science and Fashion Design and Garment Construction. National level freelance artist, Mrs. Bharti Malhotra was the resource person of the event. Thirty students of the department created decorative wall panels of Resist painting.
2. PG Department of Commerce organized a Webinar on the topic, 'Post Covid Opportunities' by Chartered Accountant Nikhil Nainani on 9th Dec 2020. He discussed about Post Covid related opportunities, challenges and trends reshaping the economic landscape.
3. PG Department of Commerce organized a two weeks training programme of Physical fitness in collaboration with Wow Gym from 17th February to 3rd March 2021. Nearly 40 trainees attended the programme. Students learnt aerobics, anaerobic, weight training, circuit training, fartlek, plyometric, flexibility, weight loss and gain training.
4. PG Department of Commerce held a Webinar on Stock Exchange on 3rd April 2021. Resource persons for the webinar were Mr. Lokhesh Bhel, Mr. Umesh Jaitly and Mr. Pritam Singh from Reserve Bank of India. They discussed about how stock exchanges allow companies to raise capital or money by issuing equity shares to be sold to investors.
5. PG Department of Commerce organized a Webinar on the topic, Retail Banking on 24th May 2022. Resource person for the webinar was Dr. Prabhdeep. The session was of colossal benefit as it helped students to know about career pathways in the retail banking sector and recent working models of the bank.
6. Department of Design organized a webinar on sustainability, craft and technology on 2nd June 2021. Prof. Raghuraman Iyer, Architect, Jalandhar was the resource person for the same. Students learnt various techniques of sustainable interior designing. Nearly 50 students along with the faculty members of the department participated in the webinar.
7. PG Dept. of Home Science and Fashion Design Organized online workshop on Designer Bags on 3rd June, 2021 for the students of B.A. Home Science Sem-IV and PGDGCDF Sem-II. The workshop was conducted by a Fevicryl Specialist- Ms.

Muskan Patni. Thirty students participated in the workshop and fabricated the product.

8. PG Dept. of Home Science and Fashion Design organized and conducted online workshop on Blue Pottery on 5th June, 2021 for the students of B.A. Home Science Sem-II. The workshop was conducted by Muskan Patni, a Fevicryl specialist ,Amritsar. Thirty students attended the workshop and fabricated.
9. Department of physical education organized a webinar on ‘Role of Yoga in Pandemic Covid-19’ on 11th June 2021. Mr. Vishal Mahendru, senior Lecturer from Yog Sansthan, Haridwar, was the resource person for the same. Students learnt the techniques of Pranyam, Multiple shudhi Kriyas and knowledge on various Ayurvedic medications. Nearly 85 students participated in the webinar.
- 10-11. PG Department of Fine Arts conducted a two days ‘Online Mural Workshop’ on Faux Metal Mural by Artist Bharti Malhotra. It was sponsored by Pidilite. The Workshop was held on 12th & 14th June, 2021. The students made decorative items like wall hangings and compositions.
12. PG Department of Commerce conducted a Webinar on Basic Understanding of stock market conducted by Ms. Rabia, Alumnae, BBK DAV College for Women, Amritsar on 14th June 2021. This was an educative interaction among the students and teachers which made them familiar with basic concepts of stock.
13. PG Department of Commerce organized a Webinar on the topic, ‘Stock Market Trading in the Corporate World on 15th June 2021. This webinar was conducted by Mr. Pankaj Puri from Rayat Bahra University, Mohali. The Seminar educated the student about the sale of stock that allows the firm to grow rapidly by raising funds from investors.
14. Department of Biosciences, organized a webinar on COVID & Mental health on 15th June, 2021. Dr. Sonal Rai, Consultant Psychiatric, Bhatia Neuro Psychiatric Hospital, was the resource person for the webinar. Dr. Rashmi Kalia, Head and Associate Professor, Department of Biosciences, welcomed the resource person. Dr. Rai said that Corona virus has imposed a set of new lifestyle rituals in our daily routines, which include working from home, home schooling, social isolation and in some cases temporary loss of jobs also.
15. PG Department of Computer science organized a webinar on Project Development Issues on 16th June,2021. Dr. Sandeep Sood, Sr. Programmer, Centre of IT solutions, Guru Nanak Dev University, Amritsar was the resource person for the webinar.

Nearly 90 students along with the faculty members of the department attended the webinar.

16. Department of physical education organized a webinar on ‘Yoga and Holistic Health... Context and Perspectives’ on 21st June 2021. Mr. Vishal Mahendru, senior Lecturer from Yog Sansthan, Haridwar, Dr. Amandeep Singh, assistant professor, Department of Physical Education, GNDU, Amritsar, Mr. Narpinder Singh, Senior Vice President, Punjab Yogasana Sports association was the resource persons for the same. Students learnt about various yogic postures and yog sadhnas like raj Yoga and Haath Yoga.
17. PG Dept. of Home Science and Fashion Design organized and conducted online workshop on “Decorer Le Gateau” on 6th August, 2021. More than 100 participants attended the workshop from all over India. The workshop was conducted by Chandni Chopra, Alumni-P.G. Department of Home Science and Fashion Design, BBK DAV College for Women, Amritsar. Students thereafter developed the skills in cake decoration for entrepreneurship.